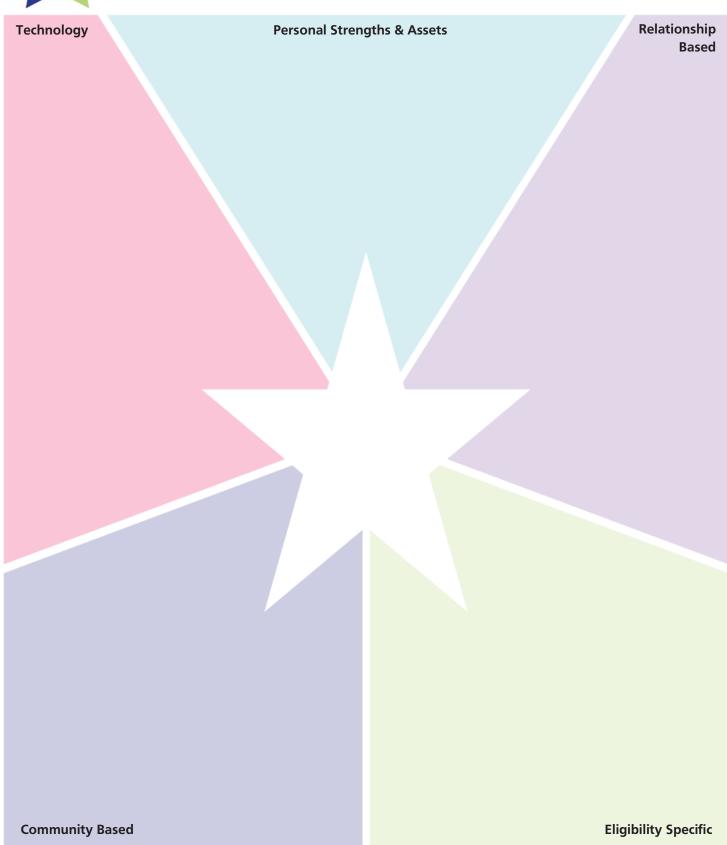
Integrated Services and Supports

People need supports to lead good lives. Using a combination of lots of different kinds of support helps to plot a trajectory toward an inclusive, quality, community life. This tool will help families and individuals think about how to work in partnership to support their vision for a good life.



Access the LifeCourse framework and tools at lifecoursetools.com



_'s ONE-PAGE PROFILE

What people like & admire about me

What's Important to ME

How to Best Support ME

Life Trajectory Worksheet **VISION for a GOOD LIFE Past Life Experiences Future Life Experiences** LIST what you want your "good life" to look like ... LIST past life experiences and events that LIST current/ future life experiences that supported your vision for a good life. continue supporting your good life vision. Write current age here LIST past life experiences that pushed the LIST life experiences to avoid because they arrow toward things you don't want. push you toward things you don't want. What I DON'T Want LIST the things you don't want in your life...